<u>Truffle Mac-n-Cheese</u>

There's no confusing this mac-n-cheese with the stuff in a box. We are combining gruyere and white cheddar with mushrooms, brussels, shell pasta and REAL truffle butter to create a dinner that's rich, sophisticated, and out of this world good.

<u>Getting Organized</u>

EQUIPMENT Large Saucepans Casserole Dish Mixing Bowl

FROM YOUR PANTRY Flour (1/2 Tbsp per svg.) Butter (1/2 Tbsp per svg.) Olive Oil Salt and Pepper

6 MEEZ CONTAINERS

Shell Pasta Mushrooms Brussels Sprouts Cream Sauce Cheese & Breadcrumbs Truffle Butter

Good to Know

Planning ahead? Make the recipe in advance and bake the final 15 minutes when you're ready to eat.

Health snapshot per serving – 980 Calories, 39g Protein, 63g Fat, 69g Carbs.

Lightened Up Health snapshot per serving – 610 Calories, 42g Fat, 41g Carbs, using all the veggies and half of everything else.

Have questions? The dinner hotline is standing by from 5 to 8 pm at 773.916.6339.

INGREDIENTS: Shell Pasta, Brussel Sprouts, Mushrooms, Half &Half, Gruyere, White Cheddar, Panko Breadcrumbs, Vegetable Stock, Salted Butter, Black Truffle Pate, Black Pepper, Paprika, Garlic, Onion Powder.



45 Minutes to the Table

25 Minutes Hands On

1 Whisk Super-Easy

1. Getting Organized

Preheat oven to 375 degrees. Bring a large saucepan of water to boil with a pinch of salt. Spray or lightly brush a casserole dish with oil.

2. Cook the Shell Pasta

Add the **Shell Pasta** to the boiling water and cook until slightly firmer than al dente, about 6 to 7 minutes (it will finish cooking in step 5). Drian and set aside in the colander until step 4.

3. Sauté the Mushrooms and Brussels

Return the now-empty saucepan to the stove, with 1 Tbsp olive oil, over medium high heat. Add the **Mushrooms** and <u>two-thirds</u> of the **Brussels Sprouts** and cook until the mushrooms have softened and the Brussels are bright green, about 4 minutes.

4. Create the Cheese Sauce

Add 1 Tbsp plain butter (<u>not</u> the Truffle Butter we sent you) to the pan. Mix to coat the vegetables. Add 1 Tbsp flour and mix until the vegetables are coated in flour. Cook until the flour starts to brown, about 2 minutes. Add the **Cream Sauce** and bring to a boil, stirring continuously. Continue stirring and cook until the sauce thickens, about an additional 3 minutes. Turn off the heat. Add <u>half</u> the **Cheese & Breadcrumbs** and stir until cheese melts and there are no clumps. Add the cooked shells and mix well.

5. Bake the Dish

Pour the entire contents of the saucepan into the oiled casserole dish. Combine the remaining cheese & breadcrumbs and remaining uncooked brussels in a mixing bowl. Spread in a single layer, edge-to-edge on top of the mac-n-cheese. Bake until the sauce is bubbly and the breadcrumbs are golden brown, about 12 to 15 minutes.

6. Top with the Truffle Butter

Remove the casserole dish from the oven and <u>immediately</u> top with small dollops of the **Truffle Butter**. Let the dish rest for at least 5 minutes. Enjoy!

Instructions for two servings. Meez Meals * 1459 N. Elmwood Avenue * Evanston * Illinois It doesn't matter how much water you use as long as it will comfortably cover the shells.